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| **Ayr Choral Union** | **Covid Guidance for Members** |
| **31st August 2021 7.30pm** | **Castlehill Church : 1 Old Hillfoot Rd, Ayr KA7 3LW** |
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| **Before rehearsal** |  |
|  | Do **not** come to rehearsal if:  - you have symptoms / feel unwell e.g. coughing - you have tested positive for Covid (PCR or Lateral flow)  - you have been advised to self isolate - someone you have close contact with has tested positive  - you are quarantining after a visit abroad |
| **Arriving at rehearsal** | Arrive at your allotted time and follow guidance of stewards |
|  | Maintain **at least 1 metre distance** from others |
|  | Wear face covering |
|  | Use Sanitiser |
|  | Consider risks of travel arrangements |
|  | Make sure your contact details are logged when you register |
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| **During rehearsal** | Maintain 1m social distancing at all times including arrival and departure |
|  | Be respectful of each other’s space |
|  | **Wear a face covering when not singing –and during singing if you wish** |
|  | Avoid touching shared surfaces as much as possible |
|  | Bring what you need and do not share equipment |
|  | Be aware that others may be anxious |
|  | **Follow directions and advice from Stewards and Music Director** |
|  | If you are wary of indoor rehearsal, are limited by distance or are unwell, you can access the rehearsal live stream from home – let us know in advance |
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| **After rehearsal** | In the event of any Covid symptoms developing and a positive test, please contact any member of the Committee urgently. |
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| **Notes** |  |
| Please note that these mitigations apply even if you have been fully vaccinated. If you do not comply, you will jeopardise our ability - and that of thousands of other groups - to hold rehearsals in future. The advice above is taken from templates helpfully provided by our insurance provider - Making Music. We are so looking forward to returning eventually to the social rehearsals we love! | |

Welcome Back!